



**JAGADGURU RAMANANDACHARYA
RAJASTHAN SANSKRIT UNIVERSITY,
JAIPUR**

WOMEN STUDY CENTRE

**SYLLABUS
(2020-2021)**

P.G DIPLOMA IN WOMEN'S STUDIES

About the Course

Course Nomenclature: Post Graduate Diploma in Women's Studies.
(PGDWS)

Eligibility for Admission: A Graduate Degree in any discipline from a
Recognized University. , **Age** – No Bar

Duration of the Course: One year (2 semesters)

Admission: Admission is based on merit considering the marks secured in the
Qualifying degree examination.

Medium of Instruction: Sanskrit/Hindi/English

The passing minimum: It will not be less than 40 percent.

Seats: 40 Seats.

Programme coordinator: This course shall have a coordinator as identified by the
Women Study Centre Conducting a course.

Papers: The P.G Diploma in Women studies is a two Semester Programme,
Consisting of 8 Papers in all and 4 Papers in each Semester. Each Paper will be
100 Marks; there are five units in every paper which contains 20 marks. There will
be one internal assignment of 50 marks in Each Semester.

Marks Distribution Table-

Semester/Papers	Unit-I (Each Paper)	Unit-II (Each Paper)	Unit-III (Each Paper)	Unit-IV (Each Paper)	Unit-V (Each Paper)	Total Marks	Assignm ent (Internal)	Grand Total
First Semester (Papers-I,II,III,IV.)	20	20	20	20	20	100 Marks Each paper	50 marks (Per Sem.)	400+50 = 450
Second Semester (Papers-I,II,III,IV.)	20	20	20	20	20	100 Marks Each paper	50 marks (Per Sem.)	400+50 = 450
Grand Total of marks (First Sem.- $100*4 = 400 +50$ (Internal Assignment) + (Second Sem.- $100*4 = 400+50$ (Internal Assignment) =								900

PG Diploma in Women's Studies

Semester I:

- i. Introduction to Women's Studies
- ii. Feminist Theories
- iii. Legislation and Gender Justice
- iv. Women and Society in India

Semester II

- i. History of Women's Movements
- ii. Gender and Development
- iii. Women's Writings in India
- iv. Mental Health and Basic Helping Skills

PG Diploma in Women's Studies

Semester-I

Paper-I

Introduction to Women's Studies

Objectives 1. To introduce students to the discipline of Women's Studies and its specific purposes and perspectives.

2. To understand the basic concepts of Women's Studies Course Content

Unit 1

Women's Studies as an interdisciplinary area, as an emerging discipline-- Definition, Scope and Controversies.

Unit 2

Basic concepts of Women's Studies- Women's Studies perspectives- Gender: Perspectives-Gender sensitive approach- Gender and sex- Biological determinism- stereotyping- Socialisation- Patriarchy- Devaluation- Marginalisation- Silencing- Male Gaze- Power politics- Gynocriticism- Gender mainstreaming- Gender and work- Invisibility-Glass ceiling.

Unit 3

Feminist Research Methodology, Objectivity vs Subjectivity, Personal-Political Dichotomy, Scientism, academism vs. activism.

Unit 4

Women's Studies as an academic discipline. Growth and development of Women's Studies as a discipline internationally and in India. The link between Women's Studies and the Women's Movement.

Unit 5

Women's Studies in India--UGC's initiatives -- Centers for Women's Studies--Capacity building for Women leaders in education—Women development cells--Women's Studies in the XIth Plan.

Recommended Reading

- Khullar, Mala. *Writing the Women's Movement: A Reader* Ed. New Delhi: Zubaan, 2005.
- Jain, Devaki and Pam Rajput. *Narratives from the Women's Studies Family: Recreating knowledge*. New Delhi: Sage, 1942.
- *Programme of Women's Studies*. New Delhi: ICSSR, 1977.
- Desai, Neera and Maithrey Krishnaraj. *Women and Society in India*. Delhi: Ajantha, 1987.
- *Women in Contemporary India*. Ed. Alfred De Souza Delhi: Ajanta, 1987.
- Mies, Maria *Indian Women and Patriarchy*. Delhi: Concept, 1980.
- Nanda, B.R. *Indian Women: From Purdah to Modernity*. Delhi: Vikas, 1976.
- *Women's Studies in India: A Reader*. Ed. Mary John. Penguin: New Delhi, 2008

PG Diploma in Women's Studies

Semester-I

Paper-II

Feminist Theories

Objectives: To introduce basic feminist theories and thinkers to introduce feminist methodology for further research To review Indian feminist approaches

Course Content

Unit 1

Early feminist thinkers- J.S Mill, Mary Wollstonecraft, etc Women's Movements before and during the world war.

Unit 2

The period of silence, Backlash The Seneca Falls Convention Simone de Beauvoir, Virginia Woolf, etc.

Unit 3

The second phase of feminist thinking- the personal as the political-- Different Schools of feminist thinking- Liberal, Socialist, Lesbian, Black, Psychoanalytical, etc. Experiments in feminist language

Unit 4

Recent trends in feminist thinking- Masculinities, Eco-feminism, queer theory, transgender politics, Cyber feminism, Post-colonial, etc.

Unit 5

Different Schools of feminist through in the Indian contest - National and regional feminist thoughts.

Recommended Reading

- Mohanty, CT. *Feminism Without Borders: Decolonising Theory Practising Solidarity*. Duke Univ., 2003.
- Calman, Leslie. *Towards Empowerment: Women and Movement Politics in India*. UK: Westview, 1992.
- Caplan, Patricia. *Class and Gender in India: Women and Their Organizations in a South Indian City*. London, 1985.
- Carr, Marilyn, Chen, Martha, Jhabvala, Renena (eds) *Speaking Out Women's Economic Empowerment in South Asia*. New Delhi: Vistaar, 1996.
- Desai, Neera and Vibhuti Patel. *Indian Women Change and Challenge in the International Decade, 1975-85*. Mumbai:Rawat,1985.
- Kaplan, Patricia (ed). *The Cultural Construction of Sexuality*. London: Tavituck, 1987.
- Caeden, Maren.L. *The New Feminist Movement*. New York, 1974.
- De Beauvoir, Simone. *The Second Sex*. Trans. H.M. Parshley. New York: Vintage, 1974.
- Gutmann, Amy. *Liberal Equality*. New York: Cambridge University Press, 1978.
- Jain, Jasbir. (Ed). *Women's Writing- Text and Context*. Jaipur: Rawat, 1997.
- Jayawardena, Kumari. *Feminism and Nationalism in the Third World*. London: Zed, 1986.
- Rich, Andrienne. *Of Women Born: Motherhood as Experience and Institution*. New York: W.W. Noton, 1976.
- Sharma, M.R. *Perspectives on Feminism*. Jaipur: Ritu, 2008. Glover, David, Cora Kaplan. *Genders*. . London: Routledge, 2007. Friedan, Betty. *The Feminine Mystique*, London: 1963.

Post Graduate Diploma in Women's Studies

Semester-I

Paper-III

Legislation and Gender Justice

Objectives

1. To study the legal provisions for women and women's access to justice.
2. To look at the issues relating to implementation of legislation Course Content

Unit: 1

Women's rights as human rights, UN Conventions, Convention on the Elimination of all forms of Discrimination against Women (CEDAW), Millennium Development Goals (MDGs), etc.

Unit: 2

Women's Rights in the Indian Constitution, Fundamental Rights, Directive Principles, etc.

Unit: 3

Protective legislation for women in the Indian constitution- Anti dowry, SITA, PNDT, and Prevention Sexual Harassment at Workplace (Visaka case), Domestic violence (Prevention) Act

Unit: 4

Women's Rights to property, Uniform Civil Code, Property rights according to religions background Muslim, Christian, etc.

Unit: 5

Implementation of women's rights, police stations, court procedures, women's health and safety provisions, hospital procedures, Women's Commissions, etc.

Recommended Reading

- UNDP Human Development Report 2000. OUP, New Delhi, 2000.
- Devgan Aadesh. Crime Against Women and Children: An Emerging Social Problem. New Delhi: Cyber Tech, 2008.
- Goonesekere Savitri (Ed) Violence, Law and Women's Rights in South Asia. New Delhi: Sage, 2004.
- Mukherjee, Roma. Women, Law and Free Legal Aid. New Delhi: Deep and Deep, 1999.
- Saxena, Shobha. Crime against Women and Protective Laws. New Delhi: Deep and Deep, 1999.
- Agnes, Flavia et. al. Women and Law in India. New Delhi: OUP, 2004.
- Srinivas M.N. Village, Caste, Gender and Method: Essays in Indian Social Anthropology. Delhi: OUP, 1998.
- Chen, Martha, Alter. Widows In India: Social Neglect and Public Action. New Delhi: Sage, 1998.
- Goswami Sambodh. Female Infanticide and Child Marriage. Jaipur: Rawat, 2007.
- Sahai, Shailly. Social Legislation and Status of Hindu Women. Jaipur: Rawat, 1986.
- Singh, Alka. Women in Muslim Personal Law. Jaipur: Rawat, 1991.
- Nagla, Bhupendra Kumar. Women, Crime and Law. Rawat: New Delhi, 1991.
- Omvedt, Gail. Violence against Women: New Movements and New Theories in India. New Delhi: 1990

PG Diploma in Women's Studies

Semester-I

Paper-IV

Women and Society in India

Objectives - To familiarize students with the specific cultural contexts of women in India

Unit 1

Women's position from Vedic times to the present, women participation in India's independence movement, etc.

Unit 2

Social construction of gender and gender roles- Socialisation- institutions of socialization- changing content and context of gender-need for re-socialization.

Unit 3

Women in family – marriage, working women-multi-tasking-Women and health issues- malnutrition- factors leading to anemia, poor maternal health and infant mortality - feminisation of poverty, women and HIV/AIDS.

Unit 4

Women's issues, missing girls, feminization of poverty, violence against women, empowerment measures

Unit 5

Women and environment- eco-feminist movements, women and globalization-women's labour, discriminatory wages, changing working conditions and work place related issues.

Recommended Reading

- Myers, K.A., Anderson, C.D and Risman. Feminist Foundations London and United Kingdom: Sage, 1998
- Whyte, R.O and Whyte, P. The Women Of Rural Asia Colorado: Westview , 1982.
- Altekar, A.S. The Position of Women in Hindu Civilization, Delhi: Motilal Banarasi Dass, 1983.
- Desai, N and M. Krishnaraj. Women and Society in India. Delhi: Ajantha, 1987.
- Forbes, G.. Women In Modern India. New Delhi: CUP, 1998
- Sharmila Rege. Sociology Of Gender London: Sage, 2003.
- Mocormark, C and M. Strathern. Nature, Culture and Gender. CUP,1980.
- Oakely, A. Sex, Gender and Society. New York: Harper and Row, 1972.
- Connell, R.W. Masculinities. Berkeley: University of California Press, 1995.
- Sumi Krishna, Livelihood and Gender Equity in Community Resource Management. New Delhi: Sage, 2004.

PG Diploma in Women's Studies

Semester-II

Paper-I

History of Women's Movements

Objectives: The central concern of this paper is to offer a broad outline with regard to the nature and growth of women's movement in the modern age, covering a range of issues pertinent to women's emancipation, dignity and status. Further, it seeks to familiarize the students with the major historical developments of women's movement in their onward march to freedom and equality. The paper is divided into four modules with a view to offer a chronological canvas of the linear development of various women's movements across the world in different socio-cultural and political milieu.

Unit 1:

The Early Phase of Women's Movement in the West Ideas of Enlightenment and the quest for women's rights; Women's republican clubs in French revolution; the socio-economic conditions of women during the age of Industrial revolution; Suffrage Movement; significance of Mary Wollstonecraft's "A Vindication of the Rights of Woman" and the Seneca Falls Convention and the Call for Women's Rights 1848; First wave feminism in Europe and US in 19th century.

Unit 2:

Genesis of Women's movement in India Socio-economic cultural conditions of women in 19th century India; social reforms concerning women's liberation and women's participation in social reform movements; women's participation in Gandhian national movement; women's rights in Karachi congress resolution, 1931; women's participation in Congress and left organisations.

Unit 3:

Women's movement in the West during 20th century and after. Second and third phase of feminism; electoral, legal and juridical reforms pertaining to women's rights in US and UK; women in politics in US and Europe; radical feminism in France; women's movement in Latin America, Africa and Asia; women's participation in peace and other civil rights movements; role of women in UN organizations

Unit 4:

Women's Movement in Post-colonial India Constitutional rights of women and Hindu civil code; property rights of minority women.

Unit 5:

Dalit feminism and the question of double marginality; women's participation in civil organizations and public sphere activities; challenges to feminism: globalization and religious fundamentalism

Recommended Readings

- Bolt, C. *The Women's Movements in the United States and Britain from the 1790s to the 1920s*. New York & London: Harvester Wheatsheaf, 1993.
- Burton, A. *Burdens of History: British Feminists, Indian Women and Imperial Culture*. University of North Carolina Press, 1994.
- Holton, S. *Suffrage Days: Stories from the Women's Suffrage Movement*. London: Routledge, 1996.
- Legates, M. *In Their Time: A History of Feminism in Western Society*. London: Routledge, 2001.
- Rendall, J. *The Origins of Modern Feminism: Women in Britain, France and the United States, 1780-1960*. Basingstoke: Macmillan, 1985.
- Kemp, Sandra and Judith Squires. *Feminisms*, Oxford: Oxford University Press, 1997.

- Ramusack, Barbara N., and Sharon Sievers. *Women in Asia*. Bloomington: Indiana University Press, 1999.
- Bhasin, Kamala and Nighat Said Khan. *Some Questions on Feminism and Its Relevance in South Asia.*, Kali For Women, New Delhi, 1986.
- Chaudhuri, Maitrayee (Ed.) *Feminism in India*, Kali for Women, New Delhi, 2004.
- Menon ,Nivedita. *Gender and Politics In India*, OUP, New Delhi. 1999.
- Sangari, Kumkum and Suresh Vaid (eds.). *Recasting Women: Essays in Colonial India*, New Delhi: OUP, 2003.

PG Diploma in Women's Studies

Semester-II

Paper-II

Gender and Development

Objectives

To introduce the basic concepts of gender in development context. To assist students

Unit: 1

Approaches to Women and development Women in Development (WID) - Women and Development (WAD)- Gender and Development (GAD) Gender budgeting- Special provision for women.

Unit: 2

Patriarchy and Gender division of Labor- Indian census- Women and work- Invisibility- Unpaid- Productive and unproductive work- Gender and wage differences- Economic Reforms and changing work pattern- Increasing informalisation and casualisation of women's labor.

Unit: 3

Gender and Technology- Women and labor intensive technology- Technology and displacement of women in agriculture and other fields, industry etc.

Unit: 4

Information and Communication Technology (ICT) and women, new technologies and their impact. Changing working conditions- Declining Gender gap.

Unit: 5

Employment in Export Processing Zones- Migration of women- Emerging labor contracting system- Working condition- various harassment including sexual harassment- Emerging issues- Challenges of retention of women in labor market- State initiatives.

Recommended Reading

- Azad, Nandini. Empowering Women Workers: The W.W.F. Experiment in Indian Cities. Madras: Working Women's Forum, 1986.
- Boserup, Ester. Women's Role in Economic Development. New York, 1970.
- Singh, Andrea Menefee, Kellers-Vittanen, Anita (Eds). Invisible Hands: Women In Home-Based. New Delhi: Rawat, 1985.
- Jain, L.C. Grass without Roots: Rural Development under Government Auspices. New Delhi, 1985.
- Kabeer, Naila. Reserved Realities: Gender Hierarchies In Development Thought. London, 1994.
- Kohli, Atul. The State and Poverty in India. The Politics of Reform. New York, 1987.
- Krishnaraj, Maithreyi (Edc). Women and Development: The India Experience. Mumbai, Rawat, 1988.
- Iyer, Padma. Women in Developing Countries. Jaipur: Aavishkar, 2006.
- Salvatore, Dominic. Micro Economic Theory. New Delhi: Tata Mc Graw Hill, 1992.
- Maddala, G.S. Miller Helen. Micro Economics: Theory And Applications, New Delhi: Tata Mc Graw Hill, 1989.

- Patel, Tulasi. Sex- Selective Abortion in India: Gender, Society And New Reproductive Technologies. New Delhi: Sage, 2007.
- Higginbotham, Elizabeth, Mary Romeo. Women and Work: Exploring Race, Ethnicity and Class, New Delhi, Sage, 1997.
- Sen, Amartya. The Argumentative India: Writings On Indian History, Culture And Identity. London: Penguin, 2005.

PG Diploma in Women's Studies

Semester-II

Paper-III

Women's Writings in India

Objectives

This paper attempt to familiarize the students with the basic issues relation to women's writing in India

Unit: 1

Problems associated with literacy in India. Women's Education, Literacy, social attitudes towards women, patriarchy.

Unit: 2

Reasons for women's presence in Literature-marginalisation, devaluation, silencing etc.

Unit: 3

Early Indian Women's Movements, involvement in Independence movement, Gandhian era. Writings from various regional literatures.

Unit: 4

Experiments in women's writing, Écriture feminine feminine, gynocriticism, feminine, feminist, female, gynesis, feminine writing.

Unit 5

Mainstream vs little tradition--- Oral literature, folk tales, theatre and other folk traditions.

Recommended reading

- Showalter ,Elaine. Women's Writings and Writings about Women. London: Croom Helm, 1979.
- Tharu, Susie. And Lalita K. (Eds) Women's Writing in India: 600 BC to the Early Twentieth Century. OUP: New Delhi, 1991.

PG Diploma in Women's Studies

Semester-II

Paper-IV

Mental Health and Basic Helping Skills

Objectives

To introduce the basic concepts of Women's Mental Health and Basic Helping Skills to assist students.

Unit: 1:

Mental Health and Women, What is Mental Health, Critical issues in Mental Health and Women, Gender Bias in Mental Health, Psychological Effect during Menarche, Menstruation and Mood, Pregnancy, Child Birth, Post-partum depression after Motherhood and Menopause

Unit 2:

Gender Roles and Psychology of Sex Difference, Conceptualization of gender roles and gender role attitudes, Gender: Aggression, Achievement, Communication, Friendship and Romantic Relationships, Sex Differences in Mental Health.

Unit 3:

Psychology of Women, Women and Distress, Trauma relating to Rape , Taboo , Childhood Sexual Abuse , Domestic Violence.

Unit 4:

Sexual Harassment at Work Place, Educational Institutions, Eve Teasing etc., Psychological Wellbeing of Women; Dealing with Psychological Distress, Coping Strategies, Personal Growth and Wellbeing.

Unit 5:

Counseling and Guidance Skills, What is Counselling?, Essential elements and Process of Counseling, Introduction to Communication: Attending Skill, Listening Skills: Barriers to Listening; Responding Skills, Personal and Professional Characteristics / Qualities of a Counselor, Values and ethics in Counseling, Issues of Confidentiality, Family and Group Counseling.

Recommended reading

- BhargaviDavar. Mental Health from a Gender Perspective. SAGE Publications. 2001
- BhargaviDavar. Mental Health of Indian Women. SAGE Publications, 1999
- Richard Nelson-Jones. Basic Counseling Skills: A Helper's Manual. Sage. 2016
- C. Beere(1979). "Women and Women's issues – A Hand book of tests and measures". Jossyborgs.
- Lenin.(1985). "Women and Mental Health". Press, New York.
- Steven D. Brown, (Ed), Lent, Robert W., (Ed). (2000). "Handbook of Counseling Psychology". Wiley, 3rd edition.
- R. Frager, & J. Fadiman, (2007). "Personality and Personal growth". 6th Edn.Pearson PrenticeHall, India.
- Geldard, Kathryn &Geldard, David. (2003). "Counseling Children: A Practical Introduction". Sage Publications
- M. Jacobs. (1998). "Psychodynamic Counseling in Action". Sage Publications. Kluver, Netherlands.
- C.L. Kundu, (1989). "Personality development". Sterling Pub, New Delhi.
- Narayana S. Rao (1988). "Counseling Psychology". S. Tata McGrawHil Pub
- Nelson, Richard (2002). "Basic Counseling Skills: A Helper's Manual". Sage Publications.

- Perry, C. Wayne (2002). “Basic Counseling Techniques: A Beginning Therapist's Toolkit”. Author house.